

## CAMBUSAVIE HOSPITAL LEAGUE OF FRIENDS

This is a report of our activities this year. On Saturday, 26th October, we held our annual Coffee Morning and Sale. It was a very successful event, realizing the sum of £188. We received donations of money, baking, vegetables, plants, flowers and bric-a-brac and we thank all who came and supported us and all who contributed in any way. Other fund raising events took place from May to October in the form of slide shows at the Dornoch Hotel, fortnightly, after dinner. The coach visitors to the Hotel were more than generous and the total sum collected for the period amounted to £255. We thank Mr Cormack, Manager of Dornoch Hotel, for granting us this opportunity and his staff for their assistance and welcome. Misses Ann and Joy Barker showed their slides 'Highland Highlights' with an excellent commentary, throughout the period, with the exception of two evenings when Mr A. Mainwood of Golspie and Mr A. Sutherland of Brora showed slides of the Snowy Owl and Birds of the North respectively. We appreciate very much indeed this wonderful effort and thank them for giving their time and making up such interesting selections of slides. One day in July, John Gordon arrived with an enormous bottle of cash filled to the cork! from his office. The contents amounted to £57.99. Thanks to all who helped to fill the bottle and to John for thinking about us - this was the second bottle we received from his office; the first came in 1984. Other donations came from Rogart Post Office, the Trolley Shop and from Cambusavie patients and friends. What have we done and what are we doing with the money? Part of it has been spent on supplying such equipment and comforts for the patients not supplied by the Health Board, i.e. shelf fridges, downie quilts and covers, special care mattresses and cushions, tapes and hairdressing trolleys. Maureen, the visiting hairdresser, provides a needy service to the patients who especially enjoy a hair-do, (who doesn't?) We wish to supply her with whatever she requires and on order, in addition to the above, is an efficient trade hair dryer and a hand blowdryer. Each patient received gifts at the New Year and at Easter. On order now are seven bowls of bulbs for the Wards. Outings are very special. The last for this year took place on 23rd October in John Gordon's bus - a beautiful afternoon - to Rosehall and round to Invershin Hotel for tea. On this occasion we invited four patients from Migdale Hospital to join us. Tommie Ross our driver was very helpful and kind to the patients, helping them in and out of the bus. The Trolley Service continues every fortnight, organised by Joan Charlton. She is looking for helpers. The League members visit the hospital regularly and try to fulfil the function of friends of patients and staff. M.C.



RANGER GUIDES There will be a meeting of the Rangers on Thursday 7th November at 7 o'clock in the West Church Hall. Any girl over 14 years is invited to attend. Our Ranger Leader, Mrs E. Paterson, is leaving and will be greatly missed in the local Guide movement. Mrs M. Randall has presented the Rangers with a new Banner which we hope to have on parade on Remembrance Sunday. A.M.

UTHERLAND GUIDES' TRIP TO EDINBURGH On Friday, 11th October, Guides and Brownies from Helmsdale, Brora, Golspie, Lairg, Fogart, Dornoch and Bonar Bridge, 40 in all, left for Edinburgh for the Act of Worship and Praise in the Usher Hall on the Monday afternoon. This was another event in this year's 75th Birthday Celebrations. Three thousand Guides, Brownies and Rangers from all 38 counties in Scotland attended this Service. Banners representing all the counties in Scotland were flanked by the Union Jack, the World Flag, the U.K. Chief Commissioner's flag and the Scottish Chief Commissioner's flag. The Union Jack was carried and escorted by Sutherland Guides; Lucy Fraser from Helmsdale carried the flag, Nicola MacKay from Brora and herself were the escorts. The Guide and Ranger choir were seated in such a way that the Rangers' green uniforms depicted the shape of the trefoil. The Act of Worship and Praise ended with Celtic Blessing read by the Scottish Chief Commissioner. On the Saturday we went shopping and ice-skating. On the Sunday morning everybody except the Colour Parties went swimming at the Commonwealth Pool. After a tiring but enjoyable weekend, the Brora Scout bus brought us safely home, in the small hours of Monday morning. Barbara Murrie, Patrol Leader, 1st Dornoch Guides.

UNTEERS are required to operate the Trolley Shop at Cambusavie Hospital. For details, please telephone Dornoch 810464.

ORNOCH HERITAGE SOCIETY "Schooldays of Yesteryear" is the theme for the Dornoch Heritage Society's next meeting to be held in the Carnegie Library Building at 7.30 p.m. on Wednesday, 6th November. Mr W. May, former Headmaster of Dornoch Academy, will speak on the old log books of Dornoch, Embo and Rearquhar schools. If you have an interesting old school photograph, bring it along. It may win you a prize. The Annual General Meeting of the Society will take place immediately afterwards. J.B.